

# Noosa 2023 - Tri-Alliance Athletes

	Overall	Swim	Bike	Run
CHRIS DIXON	2:11:33	0:25:07	1:02:29	0:40:13
JOHN NOEL	2:13:34	0:24:11	1:03:43	0:41:15
GEORGE BARDIS	2:16:30	0:28:11	0:59:35	0:42:41
PAUL MARTIN	2:28:05	0:24:15	1:08:51	0:48:38
ANDREW MCPHERSON	2:30:31	0:25:06	1:08:17	0:51:33
SAM RANKIN	2:31:16	0:28:44	1:09:13	0:46:34
ROB WESTON	2:34:18	0:23:41	1:14:12	0:48:39
NEDA JAMSHIDI	2:35:49	0:29:00	1:15:54	0:45:17
BEN MARPLES	2:36:54	0:27:10	1:08:38	0:54:39
SIMONE WESTON	2:43:30	0:28:30	1:17:57	0:50:19
EUGENIO VERGARA MARSHALL	2:45:09	0:33:12	1:14:51	0:51:04
CHAMARA RAJAPAKSE	2:46:50	0:28:06	1:14:40	0:57:32
MIKE KHAN	2:48:25	0:26:01	1:19:35	0:56:06
SHERIDAN BROWN	2:49:23	0:30:48	1:14:35	0:57:38
HENDRIK ZIMMET	3:00:48	0:35:53	1:16:40	1:01:21
HENNA KOSSI	3:01:17	0:23:38	1:22:48	1:07:57
YASMIN JOHNSON	3:04:35	0:30:44	1:20:35	1:04:51
IAN JEFFREY	3:04:41	0:40:56	1:26:14	0:47:47
GEORGIA MACKAY	3:05:18	0:27:40	1:22:27	1:07:12
JULIET COOPER	3:06:30	0:39:19	1:19:57	1:00:07
SARAH MANIAPOTO	3:08:38	0:33:36	1:22:07	1:03:10
MICHELLE GROCOCK	3:09:09	0:33:47	1:22:45	1:01:37
AMELIA KNAPMAN	3:13:23	0:31:17	1:29:03	1:04:08
RAFAEL NASCIMENTO	3:28:33	0:31:01	1:21:54	1:26:36
DOUG ASHMAN	3:28:59	0:35:13	1:29:50	1:14:37
CHRIS KELLY	3:42:51	0:39:24	1:34:02	1:21:42
JEN ASHMAN	3:47:57	0:35:24	1:33:38	1:25:36
NARELLE HAYES	4:00:27	0:38:29	1:34:10	1:35:01
MICHAEL GALLAGHER	4:32:04	0:39:31	1:49:00	1:46:03

